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Dr. Udeme Ekrikpo ***MBBS(Ib) MSc(Med) Adv. PGD (Healthcare & Hosp. Mgt.) FMCP (Nephrology)***

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| Date of birth | 18th October 1977 |
| Sex | Male |
| Nationality | Nigerian |
| Education | **Primary:** 1983-1988 Holy Child Convent School Ikot-Essien, Okon, Essien Udim lo  Local Government Area, Akwa Ibom State.  **Qualification:** First School Leaving Certificate  **Award:** Distinction  **Secondary:** 1989-1994 Federal Government College Ikot-Ekpene  Akwa Ibom State  **Qualification:** Senior Secondary Certificate Examination  **Award:** Overall Third Best Student  **University:** 1995-2002 University Of Ibadan Oyo state  **Qualification:** M.B; B.S.(Ibadan)  **Awards:** 2000 Dr Ola’s Prize In Pathology And Pharmacology  2002 Prof. B. O. Osuntokun’s Prize In Medicine  2003 Departmental prize in Medicine  2003 Alice Moboade Akinyele prize in Medicine  2005 NYSC Abia State Merit award  2005 West African College of Physicians primaries  2008 Part I FMCP, Internal Medicine.  2012 Fellowship National Postgraduate Med College, Nephrology  2012 – Award of excellence for Selfless service by the University of Uyo Teaching Hospital, Uyo, Nigeria.  2013 – A.F. B. Mabadeje Prize for the best candidate in Part II Fellow of the Medical College pf Physicians (Renal Medicine) in the year 2013.  2013 – InterAcademy Medical Panel (IAMP) – designated Young Physician Leader for Nigeria 2013.  2013 - Awarded the Bayer Foundation Fellowship.  2016 – Rotary Club of Uyo, 4–way test award.  2016 – Best Poster award at the South African Renal Congress |
| Professional experience | 1999- 2001  **Anatomy Demonstrator**  Anatomy Department  University Of Ibadan, Oyo State  2001 (2 Months)  **On external Training Programme**  Baptist Medical Centre, Ogbomoso  Jan. 2003-Jan. 2004  **Internship**  University College Hospital, Ibadan  Feb.2004- Feb. 2005 (NYSC)  **Medical Director**  St. Anthony’s Catholic Hospital, Isuochi  Abia state  **2004 – March 2005: Conception of a functional maternal and child health system in Umunneochi Local Government council of Abia state.**  **(A NEPAD sponsored program).**  **June 2005- Dec.2005: Medical Officer, Lagoon Hospital, Ikeja.**  **Jan. 2006 – Nov. 2008: Registrar, Internal Medicine Department, University of Uyo Teaching Hospital, Uyo**  **Dec. 2008 – October 2012: Senior Registrar, Nephrology. Dept. of Internal Medicine, UUTH, Uyo**  **2010 - M. Sc.(Med) Epidemiology and Biostatistics – University of the Witwatersrand, Johannesburg, South Africa**  **Statistical Consultant to the Faculty of Public Health, University of the Witwatersrand, South Africa (Sept – Dec 2009).**  **Chief Resident, Department of Internal Medicine, University of Uyo Teaching Hospital, Uyo. (2008 – 2011)**  **Lecturer I, Department of Internal Medicine, University of Uyo (January 2013 – October 2016)**  **Senior Lecturer, Department of Internal Medicine, University of Uyo (November 2016 till date)**  **Adjunct Senior Lecturer, Clinical Epidemiology, University of Calabar (March 2013 – February 2015)**  **Deputy Director, Institute of Health Research and Development, University of Uyo Teaching Hospital (June 2013 till date)**  **2016 – Obtained the Advanced postgraduate Diploma in Healthcare & Hospital management from the James Lind Institute, Singapore.**  **October 2018 – Global Kidney Health Atlas fellowship (International Society of Nephrology)**  **Ph.D. (Nephrology, University of Cape Town) – Submission of thesis and defense in three months** |
| Committee  Membership | Member, Antiretroviral treatment review committee, University of Uyo teaching Hospital, Uyo.  Member, Dialysis and Consumables revolving fund committee, University of Uyo Teaching Hospital, Uyo.  Member, National Renal Registry Committee, Nephrology Association of Nigeria.  Member, 2014 Faculty Day planning Committee. Faculty of Health Sciences, University of Uyo.  Member, Infectious Disease Research Committee, University of Uyo  Peer Reviewer for Haemodialysis International, a UK based international renal journal.  Peer Reviewer for Nigerian Journal of Clinical Practice  Contributor/rater for Thomson Reuters Times Higher Education World University ranking 2013  Director of Training, Department of Internal Medicine, University of Uyo. (2016-2018)  Examinations Officer, Department of Medicine (February 2019 till date)  Residency training coordinator, University of Uyo Teaching Hospital  Deputy Director, Institute of Health Research and Development, University of Uyo Teaching Hospital, Uyo, Nigeria  Chairman, Scientific Committee, Nigerian Association of Nephrology Conference (NANCONF), Calabar 2015.  Chairman, CPD/CME Committee of the NMA, Akwa Ibom State (2014-2016) |
| Research work and seminars | ***Published works***   1. **Ekrikpo UE**, Otegbayo JA, Oluwasola AO. Lymphocytic colitis presenting as difficult diarrhoea in an African woman: a case report and review of literature. *J Med Case Reports. 2010; 4:31* 2. Olaleye O, **Ekrikpo UE,** Moorthy R, Lyne O, Wiseberg J, Black M, Mitchell D. Increasing incidence of differentiated thyroid cancer in South East England: 1987 – 2006. *Eur Arch otorhinolaryngol. 2011; 268(6): 899 – 906.* 3. Ekpe EE, **Ekrikpo UE.** Challenges of vascular access in a new dialysis centre – the Uyo experience. *Pan African Medical Journal. 2010; 7:23* 4. **Ekrikpo UE**, Udo AIA, Ikpeme EI, Effa EE. Haemodialysis in an emerging centre in the developing world: A 2 year review and predictors of mortality. *BMC Nephrology* 2011; 12:50 5. Ikpeme EE, **Ekrikpo UE,** Akpan MU, Ekaidem SI. Determining the prevalence of Human Immunodeficiency virus – Associated nephropathy (HIVAN) using proteinuria and ultrasound findings in a paediatric HIV population. *Pan African Medical journal 2012; 11:13* 6. Nottidge TE, **Ekrikpo UE,** Ifesanya AO, Nnabuko RE, Dim EM, Udoinyang CI. Preinternship Nigerian medical graduates lack basic musculoskeletal competency. *International Orthopaedics 2012; 36(4): 853 – 6.* 7. Ansa VO, Bassey EO, **Ekrikpo UE**. Predictors of in-hospital mortality among stroke patients in Uyo, Nigeria. *Port Harcourt Medical Journal 2012; 6(2): 170 – 175* 8. Andy JJ, Peters E, **Ekrikpo UE**, Akpan NA, Unadike BC, Ekott JU. Prevalence and Correlates of Hypertension Among the Ibibio/Annangs, Efiks and Obolos: A cross sectional community survey in rural South-South Nigeria. *Ethn Dis 2012; 22 (3): 335 – 339.* 9. Udomah FP, **Ekrikpo UE,** Effa EE, Salako BL, Arije A, Kadiri S. Association between Urinary N – acetyl-beta-D-glucosaminidase and Microalbuminuria in Diabetic Black Africans. *International Journal of Nephrology*, vol 2012, Article ID 235234, 2012. doi:10.1155/2012/235234. 10. Unadike BC, **Ekrikpo UE**, Bassey EA. Awareness, knowledge and perception of HIV/AIDS amongst pre-clinical medical students in a Nigerian University. *Niger J Med 2012: 272 – 276.*      1. Ansa VO, Odigwe CO, Agbulu RO, Odudu-Umoh I, Uhegbu V, **Ekrikpo UE.** The Clinical utility of echocardiography as a cardiological diagnostic tool in poor resource settings. *Nig J Clin Pract 2013; 16 (1): 82 – 86*. 2. Bassey EA, Moses AE, Abasiubong F, **Ekrikpo UE**. Biosocial determinants of partner disclosure among HIV positive antenatal attendees in Uyo, Nigeria. *Asian J Health Med Sci 2013; 1 (2): 1 – 8*. 3. **Ekrikpo UE**, Effa EE, Akpan EE. Ectopic Thoracic Kidney and End-Stage Renal Disease in a 38 Year Old Nigerian. *Case Reports in Nephrology.* Vol. 2013, Article ID 158494. Doi: 10.1155/2013/158494. 4. Oloyede IP, **Ekrikpo UE**, Ekanem EE. Lung function indices of children exposed to wood smoke in a fishing port in South-south Nigeria. *J Trop Paediatr. 2013; 59 (5): 399 – 402.* 5. Ogunrombi AB, Onakpoya UU, **Ekrikpo UE**, Adesunkanmi AK, Adejare IE. The pattern and outcome of Chest Injuries in South West Nigeria. ***Ann Afr Surg 2012; 9: 15 – 20*** 6. Adeyeye OO, Ogunleye O, Onadeko B, Bamisile T, Brodiemens A, **Ekrikpo UE**. Body Mass index and Asthma severity in a population of Nigerian asthmatics. *Afr J Med med Sci 2013; 42(1): 33 – 8*. 7. Olaleye O, Siddiq S, **Ekrikpo U,** Kazi R. Regional differences in incidence and mortality trends in cancers of the larynx, thyroid, oral cavity and pharynx in England and Scotland: 1975 – 2002. *Open Journal of Epidemiology 2013; 3: 70 – 78.* 8. Oloyede IP, **Ekrikpo UE**, Ekanem EE. Normative values and anthropometric determinants of lung function indices in rural Nigerian Children: A pilot survey. *Niger J Paed 2013; 40 (4): 406 – 411*. 9. Ikpeme EE, Etukudo OM, **Ekrikpo UE**, Ekpenyong EE, Ekanem EE. Seroprevalence of Hepatitis B virus (HBV) and Human Immunodeficiency virus (HIV) co-infection in children and outcomes of HAART in Uyo, South – South Nigeria. *Afr Health Sci 2013; 13(4): 948 – 954.* 10. Akpan EE, **Ekrikpo UE**, Effa EE, Udo AA, Kadiri S. Assessment of dyslipidemia in pre-dialysis patients in south-west Nigeria. *Niger Med J 2014;55: 214 – 9.* 11. Okani CO, **Ekrikpo UE**, Okolo CA, Asinobi AO, Salako BL, Akang EEU. Is the art of renal biopsy on the decline in Nigeria? *Ann Ibd Pg Med 2014. 12 (1): 38 – 41.* 12. Adeyeye OO, Ogunleye OO, Coker A, Kuyinu Y, Bamisile RT, **Ekrikpo UE**, Onadeko B. Factors influencing quality of life and predictors of low quality of life scores in patients on treatment for pulmonary tuberculosis: A cross-sectional study. *Journal of Public Health In Africa 2014; 5 (366): 88 – 92.* 13. Dike F, Ekeh BC**, Ekrikpo UE**. The Prevalence of Stroke in a Nigerian Neurology Clinic. International Journal of Stroke 2014; 9: 152 – 153. 14. Akpan EE, **Ekrikpo UE**, Udo AIA. Changing aetiologies of End Stage Kidney Disease in a Resource Poor Environment: What is the way forward? *W J Biomed Res 2014. 1 (2): 1 – 5.* 15. Ogunrombi AB, Onakpoya UU, **Ekrikpo UE**, Aderibigbe AS, Aladesuru OA. Recurrence of Malignant Pleural Effusion following Pleurodesis: Is there a difference between use of Povidone – Iodine or Cyclophosphamide? *Annals of African Surgery 2014; 11 (2): 21 – 24.* 16. Olaleye O, **Ekrikpo U**, Lyne O, Wiseberg J. Incidence and survival trends of lip, intra-oral cavity and tongue base cancers in South – East England. *Ann R Coll Surg Engl 2015; 97:229 – 234* 17. Ekeh BC, **Ekrikpo UE.** The knowledge, Attitude and Perception towards Epilepsy amongst Medical Students in Uyo, Southern Nigeria. *Advances in Medicine,* Vol. 2015, Article ID 876135, 6 pages, 2015. Doi:10.1155/2015/876135 18. Ekeh B, Ogunniyi A, Isamade E, **Ekrikpo U**. Stroke mortality and its predictors in a Nigerian teaching Hospital. *Afr Health Sci 2015: 15(1); 74 – 81.* 19. Akpan EE, **Ekrikpo UE**, Udo AIA, Bassey EB. Prevalence of Hypertension in Akwa Ibom State, South – South Nigeria: Rural versus Urban Communities study*. International Journal of Hypertension, Vol. 25, Article ID 975819, 5 pages, 2015*. 20. Akpan EE, **Ekrikpo UE**. Acute Renal failure Induced by Chinese Herbal Medication in Nigeria. *Case Reports in Medicine 2015; Article ID 150204, 3 pages* 21. Ibanga GJ, Abasiattai AM, Bassey EA, Ukpe M, Olatunbosun OA, **Ekrikpo UE**. Placental malaria parasitaemia and pregnancy outcome among parturients in a tertiary hospital in South – South Nigeria. *Asian Journal of Medical Sciences 2015: 6(6); 53 – 59.* 22. Akpan EE. **Ekrikpo UE**. Successful Renal transplantation in a HIV-positive Nigerian man. *World Journal of Biomedical Research 2015: (1); 1-4.* 23. Akpan EE, **Ekrikpo UE**. Chronic kidney failure: Knowledge of kidney disease, perception of causes and symptomatology in Uyo, Nigeria. *Open journal of Nephrology 2015; 5 (03): 91.* 24. Unadike BC, **Ekrikpo UE**, Ubani BC, Dada A, Ighorodge E, Akpan NA. Antihypertensive Profile and Blood pressure control amongst Diabetic patients attending the Out-patient clinic of the University of Uyo Teaching Hospital. African Journal of Endocrinology and Metabolism 2015; 11 (1): 5 – 12. 25. Ette AI, Ndububa DA, Adekanle O, **Ekrikpo U**. Utility of serum des-gamma-carboxyprothrombin in the diagnosis of hepatocellular carcinoma among Nigerians, a case – control study. BMC Gastroenterology 2015; 15: 113. 26. Ekeh BC, Oguniyi AO, Isamade E. **Ekrikpo UE**. Stroke recovery and its predictors in a Nigerian teaching hospital. Journal of Clinical and Applied Neurosciences 2015; 1 (1): 17 – 22. 27. Akpan EE, **Ekrikpo UE**, Udo AI. Risk factors for chronic kidney disease in Urban Uyo, South-South, Nigeria. Saudi J Kidney Dis Transpl. 2016; 27 (5): 1011-1017. 28. Wearne N, Kilonzo K, Effa E, Davidson B, Nourse P, **Ekrikpo U**, Okpechi IG. Continuous ambulatory peritoneal dialysis: perspectives on patient selection in low-to-middle income countries. Int J Nephrol Renovasc Dis, 2017; 10: 1 – 9. 29. **Ekrikpo UE**, Effa EE, Akpan EE, Obot AS, Kadiri S. Clinical utility of urinary b2-microglobulin in detection of early nephropathy in African Diabetes Mellitus patients. Int J Nephrol 2017: 4093171 doi 1155/2017/4093171. Epub 2017 Jan 30. 30. Effa EE. **Ekrikpo UE**, Borkum M, Rayner BL, Heering P, Okpechi IG. Clinical profile and outcome of patients with biopsy-proven acute interstitial nephritis in Cape Town: a 10 year review. Clin Nephrol 2017. Doi. 10. 5414/CN 109163. 31. **Ekrikpo UE,** Kenge AP, Bello AK, Effa EE, Noubiap JJ, Salako BL, Rayner BL, Remuzzi G, Okpechi IG. Chronic Kidney Disease in the global adult HIV-infected population: A systematic review and meta-analysis. PlosOne 2018; Apr 16;13(4):e0195443. doi: 10.1371/journal.pone.019544 32. **Ekrikpo UE,** Kengne AP, Akpan EE, Effa EE, Bello AK, Ekott JU, George C, Salako BL, Okpechi IG. Prevalence and Correlates of Chronic kidney disease (CKD) among ART-naïve HIV patients in the Nigeri-Delta region of Nigeria. Medicine (Baltimore). 2018. Apr 97 (16):e0380. doi: 10.1097/MD.0000000000010380 33. **Ekrikpo UE**, Akpan EE, Ekott JU, Bello AK, Okpechi IG, Kengne AP. Prevalence and correlates of traditional risk factors for cardiovascular disease in a Nigerian ART-naïve HIV population: A cross-sectional study. BMJ open 2018; 8 (7): e019664. Doi: 10.1136/bmjopen-2017-019664. 34. Moloi MW, Kajawo S, Noubiap JJ, Mbah IO, **Ekrikpo UE**, Kengne AP, Bello AK, Okpechi IG. Prevalence of peritonitis and mortality in patients treated with continuous ambulatory peritoneal dialysis (CAPD) in Africa: a protocol for a systematic review and meta-analysis. BMJ Open 2018; 8 (5): e020464. doi: 10.1136/bmjopen-2017-020891 35. Kajawo S, Moloi MW, Noubiap JJ, **Ekrikpo UE**, Kengne AP, Okpechi IG. Incidence of major complications after percutaneous native renal biopsies in adults from low-incone to middle-income countries: a protocol for systematic review and meta-analysis. BMJ Open 2018; 8(4): e020891. Doi:10.1136/bmjopen-2017-020891. 36. Shogade TT, Essien IO, **Ekrikpo UE,** Umoh IO, Utin CT, Unadike BC, Andy JJ. Clinical and echocardiographic determinants of heart disease in uncomplicated type II Nigerian diabetic patients. Nig J Cardiol 2018; 15: 1-8. 37. Shogade TT, Essien IO, **Ekrikpo UE**, Umoh IO, Utin CT, Unadike BC, Andy JJ. Association of microalbuminuria with left ventricular dysfunction in Nigerian diabetic patients. Cardiovascular Journal of Africa 2018: 13; 29: 1-6.   **BOOK CHAPTERS**   1. Ekanem EE, **Ekrikpo UE**. Research and Biostatistics. Retrieval, Critical Reading and Management of Information. In: Paediatrics and Child Health in the tropics, 3rd ed. University of Port-Harcourt Press, Port-Harcourt (in Press). 2. Olaleye OA, **Ekrikpo UE**. Epidemiology of Cancers in Sub-Saharan Africa. In: Cancer in Sub-Saharan Africa: Current Practice and future, 1st Ed. Springer.   ***Conference papers***  Olaleye OO, **Ekrikpo UE**, Moorthy R, Lyne O, Wiseberg J, Black M, Mitchell D Thyroid Cancer Incidence trends in South East England: 1987 – 2006. Conference Paper presented at the British Thyroid Association Conference, November 2009.  **Ekrikpo UE**, Udo AIA, Effa EE, Ikpeme E. Haemodialysis in an emerging centre in a developing country: A two year review and predictors of mortality. Conference paper presented at the Nephrology Association of Nigeria Conference Zaria 2010.  **Ekrikpo UE**, Udoma P, Effa EE, Salako BL, Arije AA, Kadiri S. Clinical utility of Urinary N-acetyl-beta-D- glucosaminidase in diagnosis of early nephropathy in African diabetics and hypertensives. Conference paper presented at the Nephrology Association of Nigeria Conference Enugu 2012.  Olaleye O, **Ekrikpo UE**, Lyne O, Wiseberg J. Incidence and survival trends of lip, intra-oral cavity and tongue base cancers in South East England over a period of 20 years. **EHNS Poland May 2012**.  Okani CO, **Ekrikpo UE,** Okolo CA, Salako BL, Akang EEU. Renal biopsy: a declining art in Nigeria? **XXIX Congress of the International Academy of Pathology 29th September – 5th October 2012. Cape Town International Convention centre, Cape Town, South Africa**  Arije AA, Salako BL, Asinobi A, **Ekrikpo UE,** Kadiri S. Peritoneal Dialysis in a developing country: A case report and highlight of challenges. **14th Congress of the International Society for Peritoneal Dialysis. 9th – 12th September 2012. Kuala Lumpur, Malaysia.**  Akpan EE, Ekrikpo UE, Effa EE, Udo AIA, Kadiri S. Pattern of Dyslipidemia in Nigerian Chronic Kidney Disease Patients. **12th Congress of the African Association of Nephrology, AFRAN 2013, Accra, Ghana. 20th – 23rd February 2013**  **Ekrikpo UE**, Effa EE, Salako BL, Arije AA, Kadiri S. Urinary beta – 2 – macroglobulin may be a better indicator of early diabetic nephropathy than microalbuminuria. **World Congress of Nephrology 2013, 31 – 4th June 2013. Hong Kong Convention and exhibition center, Hong Kong.**  Effa EE, **Ekrikpo UE**, Salako BL, Arije A, Kadiri S. Acute Kidney injury in Hospitalized HAART naïve patients in Nigeria: An analysis of pattern, aetiology and risk factors. **World Congress of Nephrology 2013, 31 – 4th June 2013. Hong Kong Convention and exhibition center, Hong Kong**  Arije AA, Ekrikpo UE, Nicol J, Asinobi A, Ademola A, Onaga A, Salako BL, Kadiri S, Hoy W. Risk factors for chronic kidney disease in a Nigerian Urban population: Outcome of a screening exercise. **International Society of Nephrology organized conference on Kidney disease in disadvantaged populations, Hong Kong 4th – 5th June, 2013.**  Akpan EE, **Ekrikpo UE**, Udo AIA, Bassey EB. Prevalence of Hypertension in Akwa Ibom State, South – South Nigeria: Rural versus Urban Communities study. ***Conference paper presented at the Nephrology Association of Nigeria Conference (NANCONF ) Calabar 2015.***  ***Dissertation/Thesis***  MSc (Med) thesis: A rural – urban comparison of patient characteristics and HIV treatment outcomes in South Africa.  SUPERVISOR: Prof Matthew Fox. School of Public Health, Boston University  **STUDENT SUPERVISION**  Co-supervised the following:   1. MMed (Cape Town) for Dr. Innocent E. Francis - **A clinicopathological and outcome study of adult primary focal segmental glomerulosclerosis (FSGS) and minimal change disease (MCD) in Cape Town. Completed and passed.** |
| Referees | Prof. Ikechi Okpechi  Kidney & Hypertension Research Unit  Department of Medicine  University of Cape Town  South Africa  **ikechi.okpechi@uct.ac.za**  Prof. Emmanuel E. Ekanem  Professor of Paediatrics and former Chief Medical Director  University of Uyo Teaching Hospital  Uyo, Nigeria  [**dreee11@yahoo.co.uk**](mailto:dreee11@yahoo.co.uk) |

Prof. Solomon Kadiri

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